



CALORIC & ALLERGEN Information

Updated on 2024/4/1

Product Name	Kcal	Obligation 8 items								Recommendation 20 items																			
		Milk	Egg	Wheat	Soba	Peanuts	Shrimp	Walnut	Crab	Abalone	Squid	Salmon Roe	Orange	Cashew Nut	Kiwi Fruit	Beef	Almond	Sesame	Salmon	Mackerel	Soy	Chicken	Pork	Matsutake	Peach	Yam	Apple	Gelatin	Banana
Classic Burger																													
The Carl	603	●	●	●		▲						▲			●		●				●	▲	▲				●	▲	▲
The Big Carl	806	●	●	●		▲						▲			●		●				●	▲	▲				●	▲	▲
Famous Star	723	●	●	●		▲						▲			●		●				●	▲	▲				●	▲	▲
Super Star	930	●	●	●		▲						▲			●		●				●	▲	▲				●	▲	▲
Western Bacon Burger	809	●	●	●		▲						▲			●		●				●	▲	●				●	▲	▲
Guacamole Bacon Burger	822	●	●	●		▲						▲			●		●				●	▲	●				●	▲	▲
Hawaiian Teriyaki Burger	649	●	●	●		▲						●			●		●				●	▲	▲				●	▲	▲
Jalapeño Burger	676	●	●	●		▲						▲			●		●				●	▲	▲				●	▲	▲
Chili Cheese Burger	659	●	▲	●		▲						▲			●		●				●	▲	▲				●	▲	▲
Monster Burger	1322	●	●	●		▲						▲			●		●				●	▲	▲				●	▲	▲
Junior Burger	291	●	▲	●		▲						▲			●		●				●	▲	▲				●	▲	▲
Angus Burger																													
Product Name	Kcal	Obligation 8 items								Recommendation 20 items																			
		Milk	Egg	Wheat	Soba	Peanuts	Shrimp	Walnut	Crab	Abalone	Squid	Salmon Roe	Orange	Cashew Nut	Kiwi Fruit	Beef	Almond	Sesame	Salmon	Mackerel	Soy	Chicken	Pork	Matsutake	Peach	Yam	Apple	Gelatin	Banana
Original Angus Burger	871	●	●	●		▲						▲			●		▲				●	▲	▲				●	▲	▲
Western Bacon Angus Burger	952	●	●	●		▲						▲			●		▲				●	▲	●				●	▲	▲
Guacamole Bacon Angus Burger	972	●	●	●		▲						▲			●		▲				●	▲	●				●	▲	▲
Hawaiian Teriyaki Angus Burger	800	●	●	●		▲						●			●		●				●	▲	▲				●	▲	▲
Jalapeño Angus Burger	826	●	●	●		▲						▲			●		▲				●	▲	▲				●	▲	▲
Low Carb Angus Burger	442	●	●	●		▲						▲			●		▲				●	▲	▲				●	▲	▲
Monster Angus Burger	1388	●	●	●		▲						▲			●		▲				●	▲	●				●	▲	▲

● = Raw materials used

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Chicken & Fish																													
Product Name	Kcal	Obligation 8 items						Recommendation 20 items																					
		Milk	Egg	Wheat	Soba	Peanuts	Shrimp	Walnut	Crab	Abalone	Squid	Salmon Roe	Orange	Cashew Nut	Kiwi Fruit	Beef	Almond	Sesame	Salmon	Mackerel	Soy	Chicken	Pork	Matsutake	Peach	Yam	Apple	Gelatin	Banana
Chargrilled BBQ Chicken Sandwich	411	●	▲	●		▲						▲			▲		●				●	●	▲				▲	▲	▲
Hand-Breaded Chicken Fillet Sandwich	982	●	●	●		▲						▲			▲		●				●	●	▲				●	▲	▲
Big Fish Sandwich	877	●	●	●		▲						▲			▲		●				●	▲	▲				▲	▲	▲
Side Menu																													
Product Name	Kcal	Obligation 8 items						Recommendation 20 items																					
		Milk	Egg	Wheat	Soba	Peanuts	Shrimp	Walnut	Crab	Abalone	Squid	Salmon Roe	Orange	Cashew Nut	Kiwi Fruit	Beef	Almond	Sesame	Salmon	Mackerel	Soy	Chicken	Pork	Matsutake	Peach	Yam	Apple	Gelatin	Banana
Natural-Cut Fries	S	305	▲	▲	▲		▲					▲			▲		▲				●	▲	▲				▲	▲	▲
	R	360	▲	▲	▲		▲					▲			▲		▲				●	▲	▲				▲	▲	▲
	L	554	▲	▲	▲		▲					▲			▲		▲				●	▲	▲				▲	▲	▲
Crisscut Fries	486	▲	▲	●		▲					▲			▲		▲					●	▲	▲				▲	▲	▲
Chili Beef Cheese Fries	R	333	●	▲	▲		▲					▲			●		▲				●	▲	▲				▲	▲	▲
	L	650	●	▲	▲		▲					▲			●		▲				●	▲	▲				▲	▲	▲
Hand-Breaded Onion Rings	449	▲	●	●		▲					▲			▲		▲					●	▲	▲				▲	▲	▲
Hand-Breaded Chicken Tender	3 P	819	▲	●	●		▲					▲			▲		▲				●	●	▲				▲	▲	▲
	5 P	1365	▲	●	●		▲					▲			▲		▲				●	●	▲				▲	▲	▲
Garden Salad	44	▲	▲	▲		▲					▲			▲		▲					▲	▲	▲				▲	▲	▲
Crispy Chicken Salad	317	●	●	●		▲						▲			▲		▲				●	●	▲				▲	▲	▲
Dessert																													
Product Name	Kcal	Obligation 8 items						Recommendation 20 items																					
		Milk	Egg	Wheat	Soba	Peanuts	Shrimp	Walnut	Crab	Abalone	Squid	Salmon Roe	Orange	Cashew Nut	Kiwi Fruit	Beef	Almond	Sesame	Salmon	Mackerel	Soy	Chicken	Pork	Matsutake	Peach	Yam	Apple	Gelatin	Banana
Vanilla Hand-Scooped Ice Cream Shake	548	●	▲	▲		▲		▲				▲	▲	▲	▲	▲	▲				▲			▲			▲	▲	▲
Chocolate Hand-Scooped Ice Cream Shake	572	●	▲	▲		▲		▲				▲	▲	▲	▲	▲	▲				▲			▲			▲	▲	▲
Strawberry Hand-Scooped Ice Cream Shake	590	●	▲	▲		▲		▲				▲	▲	▲	▲	▲	▲				▲			▲			●	▲	▲
Fondant Chocolat	445	●	●	●		▲		▲				▲	▲	▲	▲	▲	▲				●			▲			●	●	▲
Berry Cheesecake	211	●	●	●		▲		▲				▲	▲	▲	▲	▲	▲				●			▲			●	▲	▲
Churro (cinnamon)	226	●	●	●		▲		▲				▲	▲	▲	▲	▲	▲				●			▲			▲	▲	▲

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Beverage																													
Product Name	Kcal		Obligation 8 items					Recommendation 20 items																					
			Milk	Egg	Wheat	Soba	Peanuts	Shrimp	Walnut	Crab	Abalone	Squid	Salmon Roe	Orange	Cashew Nut	Kiwi Fruit	Beef	Almond	Sesame	Salmon	Mackerel	Soy	Chicken	Pork	Matsutake	Peach	Yam	Apple	Gelatin
Coca Cola	S	131										▲																	
	R	212										▲																	
	L	293										▲																	
Coca Cola Zero		0										▲																	
Sprite	S	107										▲																	
	R	174										▲																	
	L	241										▲																	
Ginger Ale	S	107										▲																	
	R	174										▲																	
	L	241										▲																	
Melon Soda	S	145										▲																	
	R	235										▲																	
	L	325										▲																	
Grape Soda	S	139										▲																	
	R	226										▲																	
	L	312										▲																	
Dr. Pepper	S	133										▲																	
	R	216										▲																	
	L	299										▲																	
Orange Juice 100%	S	116										●																	
	R	188										●																	
	L	260										●																	
Coffee (Iced/Hot)		0										▲																	
Tea (Iced/Hot)		0										▲																	

Others																													
Product Name	Kcal		Obligation 8 items					Recommendation 20 items																					
			Milk	Egg	Wheat	Soba	Peanuts	Shrimp	Walnut	Crab	Abalone	Squid	Salmon Roe	Orange	Cashew Nut	Kiwi Fruit	Beef	Almond	Sesame	Salmon	Mackerel	Soy	Chicken	Pork	Matsutake	Peach	Yam	Apple	Gelatin
Caesar Dressing		249	●	●	●		▲					▲	▲	▲	▲	▲	▲				●				▲		▲	▲	▲
Non-oil Onion Dressing		17	▲	▲	●		▲					▲	▲	▲	▲	▲	▲				●				▲		▲	▲	▲
BBQ Sauce		54	▲	▲	▲		▲					▲	▲	▲	▲	▲	▲				▲				▲		▲	▲	▲
Santa Fe Sauce		260	▲	●	●		▲					▲	▲	▲	▲	▲	▲				▲				▲		●	▲	▲

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